## Plan ahead. Be heard. Feel seen

It's not always easy to explain how chronic hives with no known external triggers affects your life. This guide can help you organize your thoughts, speak up about your needs, and make the most of the time you have with your doctor.



#### **Approved Use**

What is RHAPSIDO® (remibrutinib)?

RHAPSIDO is a prescription medicine used to treat adults with chronic spontaneous urticaria (CSU) who continue to have symptoms that are not controlled with antihistamine treatment. RHAPSIDO should not be used to treat any other forms of hives (urticaria). It is not known if RHAPSIDO is safe and effective in children.

Please see Important Safety Information throughout and full <u>Prescribing Information</u>, including <u>Patient Information</u>.



# Before your appointment



## Record your symptoms with the My Hives and Itch Tracker

Use your tracker daily to note when symptoms show up, how long they last, how intense they feel, and how they're affecting your life. It helps your doctor see the full picture—and where more support might help.

Download the tracker at <a href="mailto:rhapsido.com/resources">rhapsido.com/resources</a>.



## Document what you've tried—and what you're seeing

List what you've tried—prescriptions, over-the-counter meds, and home remedies. Take photos of your flares so your doctor can see what's happening between visits.



## Write down your top 2 to 3 daily challenges

Think about how unpredictable hives and itch are affecting your daily life. Be honest—it helps.

### **Important Safety Information**

Before taking RHAPSIDO, tell your health care provider about all of your medical conditions, including if you:

 Have had a recent surgery or plan to have surgery. Your health care provider may tell you to stop taking RHAPSIDO for at least 3 to 7 days before and after any planned medical or surgical procedures

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



# Day of your appointment



### What to bring

- ☐ My Hives and Itch Tracker
- ☐ Photos of recent flares (if available)
- $\hfill \square$  A list of current medications and supplements
- ☐ A friend or loved one (optional but helpful)



### What to ask about

- What are the treatment options when antihistamines aren't enough?
- · Can we talk about oral options?
- What are the potential benefits and risks of RHAPSIDO® (remibrutinib)?

#### **Important Safety Information (cont)**

Before taking RHAPSIDO, tell your health care provider about all of your medical conditions, including if you:

- Have bleeding problems or are taking a blood thinner medicine
- Have liver problems
- Are pregnant or plan to become pregnant. It is not known if RHAPSIDO will harm your unborn baby. If you become pregnant during treatment with RHAPSIDO, talk to your health care provider about registering in the pregnancy exposure registry for RHAPSIDO
- Are breastfeeding or plan to breastfeed. It is not known if RHAPSIDO passes into your breast milk

Please see Important Safety Information throughout and full <a href="Percentage">Prescribing Information</a>, including <a href="Percentage">Patient Information</a>.



### Learn more about RHAPSIDO



Scan the QR code to get ongoing updates and resources for managing chronic hives with no known external triggers.

Visit rhapsido.com/sign-up

### Important Safety Information (cont)

Before taking RHAPSIDO, tell your health care provider about all of your medical conditions, including if you:

 Have recently received or are scheduled to receive an immunization (vaccine). Talk to your health care provider about receiving any immunizations before taking RHAPSIDO. You should not receive live or live-attenuated vaccines during treatment with RHAPSIDO

Tell your health care provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking RHAPSIDO with certain other medications may affect how RHAPSIDO or your other medications work, and can cause side effects.

### What are possible side effects of RHAPSIDO?

RHAPSIDO may cause serious side effects, including:

 Risk of bleeding. Bleeding may happen while being treated with RHAPSIDO. Your health care provider will monitor you for signs and symptoms of bleeding and may stop your treatment if bleeding happens. Your risk of bleeding may increase if you are also taking a blood thinner medicine. Tell your health care provider right away if you get any signs or symptoms of bleeding, such as:

- Bruising or red or purple skin marks
- · Pink or brown urine
- Headache, dizziness, confusion, or feeling weak
- · Red or black stools that look like tar

The most common side effects with RHAPSIDO may include nasal congestion, sore throat, and runny nose (nasopharyngitis), bleeding, headache, nausea, and abdominal pain.

These are not all the possible side effects of RHAPSIDO.

Call your health care provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see full Prescribing Information, including Patient Information.



